

Mental Health/Substance Use

- A Center For Grieving Children**.....801-476-1127
1716 E 5600 S, South Ogden
Support group, crisis intervention, grief education
familysummit.org
- Action Recovery Group**.....801-475-4673
1708 E 5550 S, Ogden
Addiction recovery treatment
actiontreatment.com
- Clinical Consultants**.....801-621-8670
2661 Washington Blvd Suite 102, Ogden
Substance use, mental health, and domestic violence treatment, couples therapy
clinicalconsultants.org
- Family Counseling Service**801-399-1600
3518 Washington Blvd, Ogden
Affordable counseling regardless of income
fcshealingnow.org
- Latino Behavioral Health Services** 385-303-9773
2563 Monroe Blvd, Ogden
Peer to peer recovery for Latinos
latinobehavioral.org
- National Maternal Mental Health Hotline**
24/7call or text.....1-833-852-6262
Emotional support and resources
mchb.hrsa.gov
- Suicide Prevention Lifeline**.....1-800-273-8255
988lifeline.org
- Tobacco Prevention and Control**...801-539-6754
Information and tips to quit tobacco
Tobaccofree.utah.gov
- Utah Support Advocates for Recovery Awareness**.....385-263-1600
Peer recovery coaching and family services
utahrecovers.org
- Way to Quit**.....1-800-QUITNOW (784-8669)
Free and confidential tools to help quit nicotine
waytoquit.org
- Weber Human Services**.....801-625-3700
24 hour crisis hotline.....988
LGBTQ+ crisis hotline.....866-488-7386
237 26th Street, Ogden
Sliding scale fee based on income
Mental health and substance use treatment
weberhs.net

Employment/Job Training

- Cottages of Hope**.....801-393-4011
2724 S. Washington Blvd, Ogden
Employment and financial coaching, tax prep
cottagesofhope.org
- Department of Workforce Services**
480 27th St, Ogden.....801-526-9675
Improve skills, update resume, job search
jobs.utah.gov/jobseeker
- Futures Through Training**.....801-394-9774
3564 Lincoln Ave, Suite 4B, Ogden
Job search, resume, interview tools
futuresthroughtraining.org
- Give Me a Chance**801-627-2235
2913 Grant Ave, Ogden
Classes for women: English, sewing, music, skills
givemeachanceutah.org
- LDS Employment Services**.....801-394-8801
Help for job seekers
churchofjesuschrist.org/life/employment-services
- Ogden Adult Education**.....801-615-4518
2563 Monroe Blvd, Ogden
ogdensd.org/learning/adult-education
- People Helping People**.....801-583-5300
2955 Harrison Blvd #104B
Job training to increase employment success
phputah.org
- RISE Services**.....801-399-1496
3795 Kiesel Ave, South Ogden
Employment services
riservicesincut.org
- Weber Adult Education**.....801-476-3953
High school diploma/GED. English as a second language classes
adulthoodeducation.wsd.net

Transportation

- Roads To Independence**.....801-621-3215
3355 Washington Blvd, Ogden
Disability Service Center, transportation, classes
rticil.org
- UTA**.....801-743-3882
Bus, Frontrunner
rideuta.com

Shelter

- Family Promise of Ogden**.....385-298-1081
Shelter, support to self-sufficiency
familypromiseofogden.org
- Lantern House**.....801-621-5036
269 W. 33rd St, Ogden
Shelter, soup kitchen, needs support
stannescenter.org
- Ogden Rescue Mission**.....801-621-4360
2775 Wall Ave, Ogden
Shelter, New Life Program
ogdenrescuemission.org
- Youth Futures**.....801-528-1214
2760 Adams Ave, Ogden
Ages 12-18, food, clothing, shelter, etc.
youthfuturesutah.org

Abuse/Domestic Violence

- Child Protective Services**.....855-323-3237
Report suspected abuse
dcfs.utah.gov
- Domestic Violence Link Line**.....1-800-897-5465
24hr LINKline
udvc.org
- Utah Coalition Against Sexual Assault**
Crisis Line.....801-736-4356
ucasa.org/24_hour
- YCC Family Crisis Center**.....801-392-7273
2261 Adams Ave, Ogden
24/7 crisis line, shelter, parenting classes
yccogden.org

Legal Services

- NOMAS, Immigrant Advocates**
952 Childs Ave, Ogden
nomaslegal.org
- Utah Legal Services**.....801-394-9431
298 24th St. Ste. 110, Ogden
Free legal help in non-criminal cases
www.utahlegalservices.org
- Utah State Courts' Self Help Center**
Call.....888-683-0009
Text..... 801-742-1898
Free legal help for people without a lawyer
utcourts.gov/en.html

Weber and Morgan County Resources

Weber-Morgan Health Department

webermorganhealth.gov

Locations:

- 477 23rd Street, Ogden (Main)
455 23rd Street, Ogden (Annex)
90 W. Young Street, Morgan

All Services are available in Ogden and Morgan

- Clinical Nursing Services** (Main).....801-399-7250
Baby Your Baby
Cancer Screening (breast, pap, mammogram)
Home Visitation Programs
Immunizations
Pregnancy Testing
STD testing
CHEC (For Children on Medicaid).....801-399-7253
- Community Health** (Annex)801-399-7180
Classes on chronic disease
Car Seat Safety Classes.....801-399-7186
- Environmental Health** (Main)801-399-7160
Food Handler Testing
- Vital Records** (Main)801-399-7130
Birth and death certificates
- WIC** (Annex)call/text...801-399-7200
Fax.....801-399-7210
Breastfeeding Peer Counselor.....801-399-7200



Other Resources: 211utah.org.....211
Maternal Resource Guide:
mihp.utah.gov/maternal-resource-guide-utah

Updated April 2026

Food

- Catholic Community Services**.....801-394-5944
2504 F. Ave, Ogden Tues/Wed 9am-12pm
(call for additional pantry dates)
www.ccsutah.org
- EFNEP**.....801-399-8200
1181 N Fairgrounds Dr. Ogden
Free nutrition and cooking lessons
extension.usu.edu/efnep
- First Baptist Christian Church**.....801-621-1761
2519 Jefferson Avenue, Ogden Tues 5:30-7pm
ogdenfbc.org
- Griffin Memorial Church**.....801-399-2171
2424 E Ave, Ogden
griffinmemorialcogic.com
- Hope Resurrected Church**.....801-814-7905
2280 Jackson Ave, Ogden Wed 12-2pm
foodpantries.org
- Nation for Christ Church**
562 S 1000 E, Clearfield
2nd Sat each month 9am
n4cworship.org
- Open Hand Food Pantry**.....801-564-5964
2890 S, West Haven
2nd and 4th Sat each month 10am-1pm
openhandutah.org
- Salvation Army Food Pantry**.....801-621-3580
2635 Grant Ave, Ogden Mon-Fri 10am-1pm
ogden.salvationarmy.org
- SNAP (Food Stamps)**.....866-435-7414
480 27th street, Ogden
jobs.utah.gov
- SNAP-ED**.....801-399-8207
Free classes on how to eat well, prepare food,
and be active on a budget
extension.usu.edu/createbetterhealth
- Summer Meals Program**
Various locations June–August. Free breakfast and
lunch, 18 or younger
osdmeals.org (Ogden School District)
wsd.net/departments/support/child-nutrition (Weber)

Child Development/Education

- Early Intervention**.....801-395-6420
Screening and care for special healthcare needs
health.utah.gov/cshcn
- Head Start**.....801-399-9281
Preschool for children in low income families
3159 Grant Ave, Ogden
owcap.org/headstart
- Ogden School District**801-737-7326
Special Education and services for students with
disabilities age 3 to 21
ogdensd.org/departments/special-education
- Waterford Upstart**.....888-982-9898
At home early learning program
waterford.org/upstart
- Weber School District**.....801-476-7863
Special Education and services for students with
disabilities age 3 to 21
wsd.net/departments/education/special-education

Parent Support/Education

- Boys and Girls Club**.....801-627-2071
Afterschool programs, music classes, art classes
bgcweberdavis.com
- Care about Childcare**.....801-626-7837
jobs.utah.gov/occ/cac.html
- Family Support Center**.....801-393-3113
3340 S Harrison Blvd, Ogden
Parenting & step-family classes, crisis nursery
familysupportcenterogden.org
- Help Me Grow Utah**.....call/text 801-691-5322
Parent support, developmental screenings
helpmegrowutah.org
- MoneyMaster**.....powerpay.org
Online course, take control of your finances
Use code FWFREETANF to register for free
- Parents as Teachers**.....801-393-3366
Home support from prenatal to Kindergarten
pcautah.org/home-visiting
- Welcome Baby**.....801-399-5584
Home program to support parents and infants
uwnu.org
- YMCA**.....801-466-6299
Afterschool programs, children and teens
ymcautah.org/ymcaafterschool

- Youth Impact**.....385-899-2111
2305 Grant Ave, Ogden
Afterschool programs
youthimpactogden.org

Medical/Dental

- Department of Workforce Services**
480 27th St, Ogden.....801-526-9675
Medicaid, CHIP, SNAP
jobs.utah.gov
- Hope Clinic (Lantern House)**.....801-393-2742
269 W. 33rd Street, Ogden
Medical, dental, and behavioral assistance
midtownchc.org
- Health Insurance Marketplace**.....800-318-2596
Apply for health insurance
Healthcare.gov
- InsureKidsNow**
Find dental providers that accept Medicaid
MCNA Dental.....844-904-6262
Premier Access.....877-541-5415
insurekidsnow.gov
- Midtown Children’s Clinic**.....801-334-0048
5285 S. 400 E. Suite A, Washington Terrace
Reduced cost medical care for infants\children
- Midtown CHC**.....801-393-5355
2240 Adams Ave, Ogden
Reduced cost medical, dental and urgent care,
midtownchc.org
- Planned Parenthood**.....801-479-7721
434 E 5350 Unit D, Washington Terrace
Birth control, STD testing, pregnancy testing
plannedparenthood.org
- Poison Control**.....1-800-222-1222
24/7 poison information, educational resources
poisoncontrol.utah.edu
- Seager Memorial Clinic**.....801-528-2396
539 E. 24th St. Ogden
Limited hours. Free medical, dental, and diabetes
care, eye screening First come first serve.
seagerclinic.org
- Utah Wellness Bus**.....801-587-5257
Inside the Roy Library, 2039 W 4000 S, Roy
3rd Friday each month. 10:30am-2:30pm
Free health screenings, coaching, and education
wellnessbus.org

- Weber State Dental Clinic**.....801-626-6231
3891 Stadium Way, Ogden
Discounted dental hygiene services
weber.edu/DentalHygiene/dentalclinic.html

Pregnancy/Breastfeeding

- A Better Balance**.....833-633-3222
National nonprofit dedicated to work-family justice
abetterbalance.org
- Journey Clinic**.....385-383-7144
1937 W 5700 S, Roy
Pregnancy testing and education, ultrasounds,
and nurse consultations
journeyclinic.org
- La Leche League**.....801-686-8012
Breastfeeding support, virtual group meetings
llutah.org
- McKay Dee Hospital classes**.....801-387-4010
Childbirth and breastfeeding classes (not free)
intermountainhealthcare.org
- Mother to Baby**.....call 801-626-6847
Text.....855-999-3525
Information on medications and other
exposures in pregnancy and lactation
mothertobaby.org
- Nurse Family Partnership**.....801-382-7476
Personal nurse for 1st time pregnancies.
Must sign up before 28 weeks.
pcautah.org/home-visiting
- Ogden Regional**.....866-887-3999
Childbirth and breastfeeding classes (not free)
mountainstar.com

Housing/Utilities

- HEAT**.....801-394-9774
3564 Lincoln Ave, Suite 4B, Ogden
Home energy and water assistance
jobs.utah.gov/housing/scso/seal/heat.html
- Ogden Housing Authority**.....801-627-5851
1100 Grant Ave, Ogden
ogdenhousingauth.com/housing
- Weber Housing Authority**.....801-399-8691
237 26th Street, #E220, Ogden
Rent assistance, Home Ownership Assistance
webercountyutah.gov/Housing-Authority