

Mental Health/Substance Use

A Center For Grieving Children.....801-476-1127
1716 E 5600 S, South Ogden
Support group, crisis intervention, grief education
familysummit.org

Action Recovery Group.....801-475-4673
1708 E 5550 S, Ogden
Addiction recovery treatment
actiontreatment.com

Clinical Consultants.....801-621-8670
2661 Washington Blvd Suite 102, Ogden
Substance use, mental health, and domestic violence treatment, couples therapy
clinicalconsultants.org

Family Counseling Service801-399-1600
3518 Washington Blvd, Ogden
Affordable counseling regardless of income
fcshealingnow.org

Latino Behavioral Health Services 385-303-9773
2563 Monroe Blvd, Ogden
Peer to peer recovery for Latinos
latinobehavioral.org

National Maternal Mental Health Hotline
24/7call or text.....1-833-852-6262
Emotional support and resources
mchb.hrsa.gov

Suicide Prevention Lifeline.....1-800-273-8255
988lifeline.org

Tobacco Prevention and Control...801-539-6754
Information and tips to quit tobacco
Tobaccofree.utah.gov

Utah Support Advocates for Recovery Awareness.....385-263-1600
Peer recovery coaching and family services
utahrecovers.org

Way to Quit.....1-800-QUITNOW (784-8669)
Free and confidential tools to help quit nicotine
waytoquit.org

Weber Human Services.....801-625-3700
24 hour crisis hotline.....988
LGBTQ+ crisis hotline.....866-488-7386
237 26th Street, Ogden
Sliding scale fee based on income
Mental health and substance use treatment
weberhs.net

Employment/Job Training

Cottages of Hope.....801-393-4011
2724 S. Washington Blvd, Ogden
Employment and financial coaching, tax prep
cottagesofhope.org

Department of Workforce Services
480 27th St, Ogden.....801-526-9675
Improve skills, update resume, job search
jobs.utah.gov/jobseeker

Futures Through Training.....801-394-9774
3564 Lincoln Ave, Suite 4B
Job search, resume, interview tools
futuresthroughtraining.org

Give Me a Chance801-627-2235
2913 Grant Ave, Ogden
Classes for women: English, sewing, music, skills
givemeachanceutah.org

LDS Employment Services.....801-394-8801
Help for job seekers
churchofjesuschrist.org/life/employment-services

Ogden Adult Education.....801-615-4518
2563 Monroe Blvd, Ogden
ogdensd.org/learning/adult-education

People Helping People.....801-583-5300
2955 Harrison Blvd #104B
Job training to increase employment success
phputah.org

RISE Services.....801-399-1496
795 Kiesel Ave, South Ogden
Employment services
riseservicesincut.org

Weber Adult Education.....801-476-3953
High school diploma/GED. English as a second language classes
adulthoodeducation.wsd.net

Transportation

Roads To Independence.....801-621-3215
3355 Washington Blvd, Ogden
Disability Service Center, transportation, classes
rticil.org

UTA.....801-743-3882
Bus, Frontrunner
rideuta.com

Shelter

Family Promise of Ogden.....385-298-1081
Shelter, support to self-sufficiency
familypromiseofogden.org

Lantern House.....801-621-5036
269 W. 33rd St, Ogden
Shelter, soup kitchen, needs support
stannescenter.org

Ogden Rescue Mission.....801-621-4360
2775 Wall Ave, Ogden
Shelter, New Life Program
ogdenrescuemission.org

Youth Futures.....801-528-1214
2760 Adams Ave, Ogden
Ages 12-18, food, clothing, shelter, etc.
youthfuturesutah.org

Abuse/Domestic Violence

Child Protective Services.....855-323-3237
Report suspected abuse
dcfs.utah.gov

Domestic Violence Link Line.....1-800-897-5465
24hr LINKline
udvc.org

Utah Coalition Against Sexual Assault
Crisis Line.....801-736-4356
ucasa.org/24_hour

YCC Family Crisis Center.....801-392-7273
2261 Adams Ave, Ogden
24/7 crisis line, shelter, parenting classes
yccogden.org

Legal Services

Utah Legal Services.....801-394-9431
298 24th St. Ste. 110, Ogden
Free legal help in non-criminal cases
www.utahlegalservices.org

Utah State Courts’ Self Help Center
Call.....888-683-0009
Text..... 801-742-1898
Free legal help for people without a lawyer
utcourts.gov/en.html

Other Resources: 211utah.org.....211

Weber and Morgan County Resources

Weber-Morgan Health Department

webermorganhealth.gov

Locations:

477 23rd Street, Ogden (Main)
455 23rd Street, Ogden (Annex)
90 W. Young Street, Morgan

All Services are available in Ogden and Morgan

Clinical Nursing Services (Main).....801-399-7250
Baby Your Baby
Cancer Screening (breast, pap, mammogram)
Home Visitation Programs
Immunizations
Pregnancy Testing
STD testing
CHEC (For Children on Medicaid).....801-399-7253

Community Health (Annex)801-399-7180
Classes on chronic disease
Car Seat Safety Classes.....801-399-7186

Environmental Health (Main)801-399-7160
Food Handler Testing
Vehicle Replacement Program

Vital Records (Main)801-399-7130
Birth and death certificates

WIC (Annex)call/text...801-399-7200
Fax.....801-399-7210
Breastfeeding Peer Counselor.....801-399-7200



Food

Catholic Community Services.....801-394-5944
2504 F. Ave, Ogden Tues/Wed 9am-12pm
(call for additional pantry dates)
www.ccsutah.org

EFNEP.....801-399-8200
1181 N Fairgrounds Dr. Ogden
Free nutrition and cooking lessons
extension.usu.edu/efnep

First Baptist Christian Church.....801-621-1761
2519 Jefferson Avenue, Ogden Tues 5:30-7pm
ogdenfbc.org

Griffin Memorial Church.....801-399-2171
2424 E Ave, Ogden
griffinmemorialcogic.com

Hope Resurrected Church.....801-814-7905
2280 Jackson Ave, Ogden Wed 12-2pm
foodpantries.org

Nation for Christ Church
562 S 1000 E, Clearfield
2nd Sat each month 9am
n4cworship.org

Open Hand Food Pantry.....801-564-5964
2890 S, West Haven
2nd and 4th Sat each month 10am-1pm
openhandutah.org

Salvation Army Food Pantry.....801-621-3580
2635 Grant Ave, Ogden Mon-Fri 10am-1pm
ogden.salvationarmy.org

SNAP (Food Stamps).....866-435-7414
480 27th street, Ogden
jobs.utah.gov

SNAP-ED.....801-399-8207
Free classes on how to eat well, prepare food,
and be active on a budget
extension.usu.edu/createbetterhealth

Summer Meals Program
Various locations June–August. Free breakfast and
lunch, 18 or younger
osdmeals.org (Ogden School District)
wsd.net/departments/support/child-nutrition (Weber)

Child Development/Education

Early Intervention.....801-395-6420
Screening and care for special healthcare needs
health.utah.gov/cshcn

Head Start.....801-399-9281
Preschool for children in low income families
3159 Grant Ave, Ogden
owcap.org/headstart

Ogden School District801-737-7326
Special Education and services for students with
disabilities age 3 to 21
ogdensd.org/departments/special-education

Waterford Upstart.....888-982-9898
At home early learning program
waterford.org/upstart

Weber School District.....801-476-7863
Special Education and services for students with
disabilities age 3 to 21
wsd.net/departments/education/special-education

Parent Support/Education

Boys and Girls Club.....801-627-2071
Afterschool programs, music classes, art classes
bgcweberdavis.com

Care about Childcare.....801-626-7837
jobs.utah.gov/occ/cac.html

Family Support Center.....801-393-3113
3340 S Harrison Blvd, Ogden
Parenting & step-family classes, crisis nursery
familysupportcenterogden.org

Help Me Grow Utah.....call/text 801-691-5322
Parent support, developmental screenings
helpmegrowutah.org

MoneyMaster.....powerpay.org
Online course, take control of your finances
Use code FWFREETANF to register for free

Parents as Teachers.....801-393-3366
Home support from prenatal to Kindergarten
pcautah.org/home-visiting

Welcome Baby.....801-399-5584
Home program to support parents and infants
uwnu.org

YMCA.....801-466-6299
Afterschool programs, children and teens
ymcautah.org/ymcaafterschool

Youth Impact.....385-899-2111
2305 Grant Ave, Ogden
Afterschool programs
youthimpactogden.org

Medical/Dental

Department of Workforce Services
480 27th St, Ogden.....801-526-9675
Medicaid, CHIP, SNAP
jobs.utah.gov

Hope Clinic (Lantern House).....801-393-2742
269 W. 33rd Street, Ogden
Medical, dental, and behavioral assistance
midtownchc.org

Health Insurance Marketplace.....800-318-2596
Apply for health insurance
Healthcare.gov

InsureKidsNow
Find dental providers that accept Medicaid
MCNA Dental.....844-904-6262
Premier Access.....877-541-5415
insurekidsnow.gov

Midtown Children’s Clinic.....801-334-0048
5285 S. 400 E. Suite A, Washington Terrace
Reduced cost medical care for infants\children

Midtown CHC.....801-393-5355
2240 Adams Ave, Ogden
Reduced cost medical, dental and urgent care,
midtownchc.org

Planned Parenthood.....801-479-7721
434 E 5350 Unit D, Washington Terrace
Birth control, STD testing, pregnancy testing
plannedparenthood.org

Poison Control.....1-800-222-1222
24/7 poison information, educational resources
poisoncontrol.utah.edu

Seager Memorial Clinic.....801-528-2396
2775 Wall Ave, Ogden (Ogden Rescue Mission)
Limited hours. Free medical, dental, and diabetes
care, eye screening First come first serve.
seagerclinic.org

Utah Wellness Bus.....801-587-5257
Inside the Roy Library, 2039 W 4000 S, Roy
3rd Friday each month. 10:30am-2:30pm
Free health screenings, coaching, and education
wellnessbus.org

Weber State Dental Clinic.....801-626-6231
3891 Stadium Way, Ogden
Discounted dental hygiene services
weber.edu/DentalHygiene/dentalclinic.html

Pregnancy/Breastfeeding

A Better Balance.....833-633-3222
National nonprofit dedicated to work-family justice
abetterbalance.org

Journey Clinic.....385-383-7144
1937 W 5700 S, Roy
Pregnancy testing and education, ultrasounds,
and nurse consultations
journeyclinic.org

Le Leche League.....801-686-8012
Breastfeeding support, virtual group meetings
llutah.org

McKay Dee Hospital classes.....801-387-4010
Childbirth and breastfeeding classes (not free)
intermountainhealthcare.org

Mother to Baby.....call 801-626-6847
Text.....855-999-3525
Information on medications and other
exposures in pregnancy and lactation
mothertobaby.org

Nurse Family Partnership.....801-382-7476
Personal nurse for 1st time pregnancies.
Must sign up before 28 weeks.
pcautah.org/home-visiting

Ogden Regional.....866-887-3999
Childbirth and breastfeeding classes (not free)
mountainstar.com

Housing/Utilities

HEAT.....801-394-9774
3564 Lincoln Ave, Suite 4B, Ogden
Home energy and water assistance
jobs.utah.gov/housing/scso/seal/heat.html

Ogden Housing Authority.....801-627-5851
1100 Grant Ave, Ogden
ogdenhousingauth.com/housing

Weber Housing Authority.....801-399-8691
237 26th Street, #E220, Ogden
Rent assistance, Home Ownership Assistance
webercountyutah.gov/Housing-Authority